Paper Airplane Exercise
(A Learning Styles Demonstration)

Directions

Provide each participant with 4 sheets of blank paper

Have them clear their desk except for 1 piece of paper oriented in the portrait position

Round 1 – Auditory

- Read the directions verbatim from the instructions. Do not elaborate or use any gestures. Observe to see which participants are able to complete the task.

Round 2 – Visual

- Using a second piece of paper, ask the participants to try again. This time give them the printed instructions with diagrams. Again, observe which participants are able to complete the task successfully.

Round 3 – Reading/Writing

- Using a third piece of paper, ask the participants to try again. This time give them the printed instructions with written directions. Again, observe which participants are able to complete the task successfully.

Round 4 – Kinesthetic

- Using the third piece of paper, ask the participants to try one more time. This time demonstrate the step by step procedure and allow them to follow along with you as you make the various folds to create the airplane.

Round 5 – With appropriate safety measures, fly the airplanes!
Auditory Directions: Paper Airplane Exercise

1. Take an 8 ½ by 11 inch sheet of paper and put it on your desk. Fold it down the middle lengthwise. Open up the paper after folding it.
2. Make a ½ fold at the top of the sheet.
3. Fold this flap over 2 more times.
4. Fold the left and right top corners down so that they touch in the middle of the page.
5. Fold the airplane in half on the original lengthwise fold.
6. Fold each wing down to give the airplane a streamlined appearance.

The airplane is now ready to fly.
Visual Directions for Making a Paper Airplane

(A Learning Styles Demonstration)

Note: Dotted lines indicate folds.

1) Fold

2) Re-open

3) Fold

4) Fold

5) Fold

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Read/Write Directions: Paper Airplane Exercise

1. Take an 8 ½ by 11 inch sheet of paper and put it on your desk.
2. Fold it down the middle lengthwise. Open up the paper after folding it.
3. Make a ½ fold at the top of the sheet and fold this flap over 2 more times.
4. Fold the left and right top corners down so that they touch in the middle of the page.
5. Re-fold the airplane in half on the original lengthwise fold.
6. Fold each wing down to give the airplane a streamlined appearance.

The airplane is now ready to fly.