1. **Use CINAHL (MeSH) Headings to identify best keywords:**

   - A search of the term "pressure sore" shows that the preferred term is "pressure ulcer."

2. **Use Advanced Search to enter multiple terms:**

   - Searching: CINAHL Plus with Full Text
     - pressure ulcer, prevention
     - dietary supplementation
     - patient positioning

   - A search of the term "pressure sore" shows that the preferred term is "pressure ulcer."
3. **Apply appropriate Limiters:**
   You can limit to full text, publication date, peer reviewed, publication type, age groups, and more.

* Search Tip: Don’t add too many limiters or you will find you have no results.
4. Review results for relevancy

Search Results: 1 - 10 of 16

1. **A review of PU risk assessment and prevention in Scandinavia, Iceland and Ireland (Part II).**
   - Authors: Moore, Z., Johansen, E., van Etten, M.
   - Subjects: Risk Assessment, Pressure Ulcer Prevention and Control, Pressure Ulcer Risk Factors
   - Cited References: (73)
   - PDF Full Text (159.3KB)  Find Text? Click for expanded options.

2. **Pressure ulcer risk assessment and prevention: a systematic comparative effectiveness review.**
   - Authors: Chou, Roger; Dana, Tracy; Bougatsos, Christine; Blazina, Ian; Starmer, Amy J.; Riefel, Katie; Bucklay, David I.
   - Subjects: Pressure Ulcer Diagnosis; Pressure Ulcer Prevention and Control; Risk Assessment Methods
   - Cited References: (49)
   - PDF Full Text (418.6KB)  Find Text? Click for expanded options.

3. **Nurses' knowledge of pressure ulcer risk assessment.**
   - Authors: Joseph, Jamuna; Davids, Clayton, Shian
   - Subjects: Pressure Ulcer Prevention and Control; Risk Assessment; Nursing Knowledge
   - Cited References: (49)
   - PDF Full Text (418.6KB)  Find Text? Click for expanded options.

4. **The effectiveness of nutritional intervention(s) and the treatment of pressure ulcers- A systematic literature review.**
   - Authors: Siang-Chieh, Tze; Hazle, Maric; Watson, Roger
   - Subjects: Pressure Ulcer Prevention and Control; Pressure Ulcer Diet Therapy; Dietary Supplementation; Wound Healing; Middle Aged: 45-64 years; Aged: 65+
   - PDF Full Text (900.2KB)  Find Text? Click for expanded options.

5. Open article and retrieve citation: always double check the accuracy of citations.