Introduction
The career exploration section of this course has three parts:

- An instructor/student-facilitated discussion of the career exploration process, including why we are doing this now.
- this Career Assessment Analysis assignment (work completed on your own)
- a student-facilitated discussion on what the class found in doing the Analysis
- your presentation of your findings and your look into a future career

Our career exploration will not identify the “best” career for you. Instead, it will:

- describe careers that may be good complements to your interests, skills, and values
- explain the requirements for a tremendous number of careers grouped by categories, so that if your Career Plan A doesn’t work out as planned, you’ll have Plans B, C, etc. to move toward
- enable you to collect and save relevant information for your transfer work in the near future, selection of a major and career-related activities.

The My Career Assessment Analysis will allow you to capture significant information gained from our class discussions and your own online assessments and begin to apply this information to your career explorations. Our discussions will revolve around your self-knowledge, insight into your passions, personal influences, personality, interests, values & abilities as they relate to suitable careers.

After reviewing and reflecting on your assessment results, you will provide a brief summary response for each topic listed below. It is imperative that you adequately respond to each topic.

Before you analyze, you must collect some data about yourself

1. Begin with the FloridaShines website (https://www.floridashines.org) - an exceptionally rich resource created specifically for Florida students who are planning their academic and (later) professional / work careers. After you sign in to create your account and personal profile, explore this site to get an idea of how its resources can help you with careers and colleges. This is a resource you can use now and for years to come.

2. Go to www.mycareershines.org and follow these steps in order.
   a. Under “PLAN YOUR FUTURE WITH MYCAREERSHINES”
      i. Scroll down to the 2nd paragraph that is headed
      
      • Available Now: MyCareerShines for Students from Middle School through College
      ii. Click on the blue hyperlink: MyCareerShines: College Students
      iii. Scroll down to Register or Log In

      • Set up your personal account to access all the resources of this site and, importantly, save your results for future use. Remember:
Select “I am a college student or technical/vocational student”. Then select the Anticipated Completion Date and type “Miami Dade College” for the college name.

iv. Use the Course Menu on the left side of the page to navigate around the site.
   - Your Assessment Results are found under My Assessments → My Assessment Results.

b. You are now in the Kuder Journey® section of MyCareerShines. You will complete three assessments here. Be sure you PRINT all THREE assessment results reports when you are finished.
   a. Take the Kuder Career Interests Assessment® that will match your highest interests with careers that you may enjoy.
      i. When done, print the Results page that identifies your Top Career Pathways.
      ii. You may wish to click on the Related Occupations, Related Majors, and Person Matches tabs next to the Assessments Results tab in order to learn about which occupations’ practitioners share similar interests as you.
   b. Take the Kuder Skills Confidence Assessment® to see what you believe you are good at doing. It will review the skills you have and enable you to explore careers that require those skills.
      i. When done, print the Results page with your Top Career Pathways
      ii. You may wish to click on the Related Occupations and Related Majors tabs next to the Assessments Results tab in order to learn about which occupations’ practitioners share similar confidence scores as yours.
   c. Take the Super’s Work Values Inventory (revised version) to learn what you value in the workplace and how your values can be matched with careers you may enjoy.
      i. When done, print the Results page.
      ii. You may wish to click on the Related Occupations tab next to the Assessments Results tab in order to learn about which occupations’ practitioners share similar workplace values as you.
   d. Visit the following areas on the navigation sidebar
      i. Explore Occupations
      ii. Explore Majors
      iii. Plan for Education
Your Career Assessment Analysis Content Sections

(Special Note: Please go to your “Home” page and print out the “One-Page Summary Report” under the “Review My Assessments” section. Bring this report with you to the next class.

Directions: Think about your answers for the following questions AND be prepared to discuss them in the next class.

1. Personal Influences – After this research project, what kind of career(s) are you leaning toward at this time? (Name two of them). How passionate are you about your career aspirations? Discuss any obstacles, internally or externally, that you may face before accomplishing your career goals.

2. Abilities – What are your strengths and weaknesses? (i.e., academically, personally, socially) that relate to your career interests. Keep in mind that many and/or most weaknesses are simply lack of skill(s).

3. Interests – What do you like to do (rather than want to be)? Which career-related characteristics and actual career titles did you connect with the most (Name 3)? Why did you connect with these titles?

4. Work Values – Discuss your (3) top workplace values and related career areas/titles. Did you agree with the results of this research? How will these factors contribute to your happiness and satisfaction in that field?

5. Preparation – What type of academic coursework is necessary to help you prepare for your career? Are you facing any challenges in that area during your present / future time at Miami Dade College?

6. “Reality Check” – Think about the sum total of your college experiences to date. What do you think will be the most challenging things for you to overcome in order to pursue your career of choice? What is your plan to deal with these challenges?

7. What’s Next? What’s your Action Plan to enable your preparation toward your career pathway? What do you think your next steps should be beginning RIGHT NOW…THIS SEMESTER, regarding your career exploration and anything else that will help you in that regard? Be specific.